



5K run/walk and celebration to benefit
College Hill Community Urban Redevelopment Corporation

Saturday
September 19, 2015

registration - 4:30 pm
5K race - 6:00 pm

Taste of College Hill follows 5K



Event Location

Meet at the North West Corner of Hamilton Ave. and North Bend Rd.
5K Run/Walk winds through the historic streets of College Hill.

Divisions

Run - Men & Women: 14/under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44,
45-49, 50-54, 55-59, 60/over
Walk - Men & Women: 29/under, 30-39, 40-49, 50-59, 60/over
Wheelchair - Men & Women
Stroller Division

Awards

Cash prizes will be awarded to the top three (3) Men and Women overall finishers: 1st - \$100; 2nd - \$75; 3rd - \$50
Medals will be awarded to the top two of each run age group and walk age group. Awards will be given out during the Taste of College Hill. Results will be posted online at www.sprunning.com

Registration

Pre-register by mail before September 5, 2015 or online at sprunning.com by September 8, 2015: \$20 per person (T-shirt not included), \$25 per person (T-shirt included)

Race day registration: \$30 per person (t-shirts included if available).
Children Under 8 are Free

Taste of College Hill

Party following race with entertainment, great food, beverages and fun youth activities. Dishes and Beverages range in price from \$1 to \$5

Parking

Available at the former Shuller Wigwam site.

The College Hill Community Urban Redevelopment Corporation is dedicated to the improvement of our neighborhood for all residents, businesses and visitors. For information about College Hill and the College Hill Community Urban Redevelopment Corporation, visit www.chcurc.com or call (513) 681-1551



**college hill rhythm race 2015
pre-registration entry form**

Entries must be post marked by Saturday, September 5, 2015
Please submit one registration form per person.

Check division Runners Walkers Wheelchair Stroller
Check t-shirt size XS S M L XL XXL

First Name _____ Last Name _____ Sex (M or F) _____ Age (as of 9/18/2015) _____
Address _____ City _____ State _____ Zip Code _____
Daytime Phone (_____) _____ Evening Phone (_____) _____ E-mail _____

Race Waiver Release (must be signed by participant): In consideration of the acceptance of my entry, I hereby waive on behalf of myself, my heirs, executors and assigns, all claims of any nature arising from my participation in the College Hill Community Urban Redevelopment Corporation's "Rhythm Race" 5K run/walk and do hereby release the College Hill Community Urban Redevelopment Corporation, Steve Prescott, USATF and all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules for participation and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such a run and have trained adequately in preparation. I have noted any relevant medical conditions on this form.

Relevant Medical Conditions _____

Entrant Signature _____ Date _____

Parent Signature (for entrants under age 18) _____ Date _____

In case of medical emergency, contact _____ Phone (_____) _____

Payment Enclosed: \$20 per person (T-shirt not included; party included) \$25 per person (T-shirt and party included)
 Additional donation to the College Hill Community Urban Redevelopment Corporation, a 501 (c)(3) non-profit, to further community development

Make checks payable to "College Hill Community Urban Redevelopment Corporation" and send to Rhythm Race, CHCURC, 1551 Marlowe Ave, Cincinnati, Ohio 45224
For more information, (513) 681-1551.